The Scout Law is: “A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.”

One of the core fundamentals of scouting! NATIONAL RANDOM ACTS OF KINDNESS DAY!

Observed on February 17th, National Random Acts of Kindness Day has grown in popularity each year. It is celebrated by individuals, groups and organizations nationwide to encourage acts of kindness. It is a favorite day for many, as people everywhere are enjoying doing these acts of kindness. Not only is it positive for the receiver, but for the giver, too!

“I was a recipient of the kindness but more glad to be a contributor!” (Unknown)

Research found that the Random Acts of Kindness Foundation celebrates Random Acts of Kindness Week. The Random Acts of Kindness Foundation is an internationally recognized non-profit organization founded upon the powerful belief in kindness and dedicated to providing resources and tools that encourage acts of kindness.

A Few Quotes of Kindness:

“Kindness is a language which the deaf can hear and the blind can see.”
(Mark Twain)

“No act of kindness, no matter how small, is ever wasted.”
(Aesop)

“Remember there’s no such thing as a small act of kindness. Every act creates a ripple with no logical end.”
(Scott Adams)

“Kind words and actions can seem so small, but their effects are truly endless.”
(Author Unknown)

HOW TO OBSERVE
Make a note to do nice things throughout the day and use #RandomActsOfKindnessDay to post on social media.
What if we told you that you’d never have to step on another Lego again? For those who know the agony of taking a stray Lego to the foot, worry no more—you can now walk more confidently across any room, all thanks to this Cub Scout’s brilliant invention.

Webelos Scout Colten B.’s Lego Scoop invention started as a project for his school’s “invention convention” with the STEMIE Coalition, but before he knew it, he was showcasing his ingenious creation on the Steve Show with Steve Harvey, who also happens to be a former Cub Scout.

As you know, helping other people is a crucial part of being a Scout, and Colten’s invention is sure to help kids and parents alike. Speaking of helping, Colten even got to help Harvey recite the Scout Oath!
I recently saw a study that looked into the technology habits of children, and some of the results really got me thinking about the benefits of the Cub Scouts experience. This study showed that on average, children between 5 and 8 now spend almost three hours each day in front of a screen. Similarly, 42 percent of children under 9 have their own tablet device, up from just 1 percent in 2011.

While there is no definitive rule for the right amount of time a child should spend engaging with technology, most researchers and pediatricians agree that limiting screen time is better for cognitive and social development. This is why I’m glad Scouting can be a place where kids spend time sharing fun, real-world experiences with their peers and families.

By introducing children to new experiences, the Cub Scouting program helps capture their creativity and encourage exploration. Cub Scouts offers many ways for kids to practice having low-tech fun: going on outdoor adventures, creating cars and rockets through derbies or helping the community through service projects. These experiences not only pay off in terms of development, but they also may start habits or hobbies that last for a lifetime!

Technology has an important place in all of our lives, though, so we also want to educate young people about how to use technology safely. This is why we offer the Cyber Chip program starting in Cub Scouts. Each year, young people can access age-appropriate lessons on topics such as cyber bullying, cell phone use, texting, blogging, gaming and identity theft. It’s a good way to ensure children can experience the benefits and avoid the downsides of devices, while encouraging families to have important conversations about technology.

I hope Scouting family members of all ages will consider making a habit of regularly unplugging to spend screen-free quality time with friends and family. Getting device-free time can require intention and discipline, but it’s a wonderful way to remind ourselves that technology is merely a tool that should facilitate our relationships and interests, not define them.

Yours in Scouting,
Mike
Klondike Was A Great Success!

Over 500 scouts hit the trails for the 20 plus activity stations. Thanks to Klondike Chief Kier Levesque, Karen Breslow, RAC, Iditarod commander Mike Davidson, Charlie Blaha our Scorekeeper, the stations leaders and of course the kitchen staff and sasquatches for a wonderful day. Check out the photos...
Scout Sunday

This year’s “Scout Sunday” Catholic Mass was hosted by Saint Aedan’s Parish Church in Pearl River, New York on Sunday, February 4 at 2:00 p.m. (Each year, the Boy Scouts of America (BSA) designates the Sunday on or before February 8th as “Scout Sunday”, in honor of the incorporation of the BSA on February 8, 1910.)

The Mass was celebrated by the Most Reverend Dominick Lagonegro, Auxiliary Bishop of the Archdiocese of NY, and Father Ivan Lovric, Parochial Vicar of St. Aedan’s. The Bishop’s homily centered on the importance of spreading the Gospel through our everyday actions.

Scouters Gerard Scanlan, Vincent DePaul and John B Kelly, Jr. of the Catholic Committee, Hudson Valley Council, BSA, organized the event, and spoke there about the importance of earning religious emblems, and how it is only Faith that gives true meaning and purpose to human life. Despite light advanced registration, the Mass was well attended by a crowd of more than 125 Boy Scouts (grade 5 to age 18), Cub Scouts (grades kindergarten to 5th), Scout leaders, parents and relatives.

Cub Scouts from Packs 2001, 2165 and 4063 earned and were presented with the Light of Christ Catholic religious emblem. 10 Cub Scouts from Packs 2001 and 2165 earned and were presented with the Parvuli Dei Catholic religious emblem. A reception which included coffee and cake was held after the Mass.

Boy Scouts are scheduled to receive their earned religious emblems at a special Mass celebrated by Timothy Cardinal Dolan at St. Patrick’s Cathedral on Sunday, April 22, 2018.

Scout Shabbat

This year’s Scout Shabbat for the Boy Scouts and Girl Scouts was held at the Reform Temple of Rockland in New City on Friday, February 9. Jill Tanney, Chair Jewish Committee on Scouting of Rockland District, HVC BSA and Chair National Jewish Committee on Girl Scouting, organized the event.

A large group of Scouts and Scouters participated in the service, reciting the meanings of the Boy Scout and Girl Scout Oaths and Laws. The service was performed by Rabbi Benjamin Sharff and Cantor Sally Neff. Rabbi Sharff included a story about how Irving Berlin wrote God Bless America and directed a portion of the royalties to the Boy Scouts and Girl Scouts. Cantor Neff led the congregation and Scouts in a wonderful rendition of God Bless America. After the service, all enjoyed some treats and fellowship.

Protestant Scout Sunday

This year’s Protestant Scout Sunday service was hosted by Troop 37 at the United Methodist Church of Pearl River on Sunday, February 11, 2018. The service was organized by our own Don Schreeck (co-chair of the Rockland Protestant Committee). Scouts, Scouters and families from Troop 37, Sea Scout Ship 2037, other Boy Scout, Cub Scout and Girl Scout units, and members from the Rockland District were in attendance.

Reverend Warren Brandt, Rockland District Protestant Committee Chairman spoke about his Scouting experiences and religious awards. Mr. James McKeever preached about his Scouting experiences and symbolism of the Eagle in scripture. Scouts Michael Stewart and Amogh Matthews recited scripture readings to the congregation and led the children’s time portion of the service. The Pastor, Rev. Jean Arlea-Eriksen, herself a past Venture Scout and Girl Scout, led the service and praised the value of Scouting. After a group photo, the Scouts joined the rest of the congregation for refreshments and fellowship.
Rockland District Awards and Annual Dinner Information

DISTRICT AWARDS QUESTIONS:

WHO CAN NOMINATE? Every Scouter is eligible to nominate – use link below to Nominate a deserving Scouter TODAY.

AM I LIMITED ON NUMBER OF NOMINATIONS? No!

WHAT IF I DON’T KNOW “ALL” THE REQUESTED NOMINATION INFORMATION? Submit what you know and we will then help obtain remaining information.

CAN I NOMINATE A PERSON FOR MORE THAN ONE AWARD? Yes BUT it is best if you only nominate one person for one award.

HOW DO I KNOW IF MY NOMINATION HAS BEEN RECEIVED? All nominations will receive a confirmation e-mail from George Ferguson with in 48 hours.

WHAT IF I HAVE ANOTHER QUESTION? Contact George Ferguson at (e-mail) gnf1@mail.com or call at (cell) 201-259-3759. Please honor our Scouting Leaders who have unselfishly given their time and effort to our sons/daughters by NOMINATING them for a Rockland District Award.

IMPORTANT NOTE: Unit Hidden Hero – this is a UNIT AWARD, selected by Unit Committee and submitted using the Online Nomination Form – EVERY UNIT IS EXPECTED TO SELECT and SUBMIT a UNIT MEMBER to be recognized.

The Awards List is at bottom of article or copy and paste the URL:
http://www.hudsonvalleyscouting.org/document/rockland-district-annual-awards-list/169295
Click here to submit a nomination or copy and paste the URL: https://hudsonvalleyscouting.doubleknot.com/form/takesurvey.aspx?surveyID=59501&OrgKey=2368
No nominations will be accepted after March 16

ANNUAL DISTRICT DINNER INFORMATION

Date: April 29, 2018 Location: Casa Mia Manor House, Rt 303, Blauvelt, NY
Registration Information: Registration will be open in February
Seating will be 10 people per table. We encourage every UNIT to reserve one or more tables, which will enable you to receive a discount from the single registration price. All units should consider covering the cost of any recipient they nominated.

A full table of 10 – $370.00 until April 16 Normal registration until April 16 is $40.00 Late registration Apr 17-25 is $45.00
(No Registrations accepted after Apr 25 or at the door)
Any questions, please contact George Ferguson (e-mail: gnf1@mail.com cell: 201-259-3759)

Continued next page...
# ROCKLAND DISTRICT AWARDS LIST

## Continued from previous page

<table>
<thead>
<tr>
<th>Award</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>District Award of Merit</strong></td>
<td>National Award given by Districts – awarded for consistent and increasing dedication/commitment to the Rockland program. Long term and continuous service is typically required. (Must also use this form: <a href="http://www.scouting.org/filestore/pdf/33720.pdf">http://www.scouting.org/filestore/pdf/33720.pdf</a>)</td>
</tr>
<tr>
<td><strong>Lifetime Achievement Award</strong></td>
<td>Presented to an individual who has demonstrated long term service and accomplishments to Scouting, length of service typically exceeds 25 years (<em>Please note: this award is not awarded every year – reserved for long and distinguish service and character</em>)</td>
</tr>
<tr>
<td><strong>Lewis J. Freeman Award</strong></td>
<td>Presented to an individual for extraordinary service to the Scouting Program</td>
</tr>
<tr>
<td><strong>Larrie Goetz Award</strong></td>
<td>Presented to a scouter for extraordinary service to the district program who exemplifies the spirit that Larrie Goetz shows in all he does.</td>
</tr>
<tr>
<td><strong>Spirit of Scouting Award</strong></td>
<td>Presented to an adult volunteer who has demonstrated exemplary Scouting Spirit</td>
</tr>
<tr>
<td><strong>Service to Youth Award</strong></td>
<td>Presented for exceptional and long term service to youth in Scouting</td>
</tr>
<tr>
<td><strong>District Achievement Award</strong></td>
<td>For outstanding service on the Unit or District level, in advancing the Scouting Program</td>
</tr>
<tr>
<td><strong>District Hidden Hero Award</strong></td>
<td>Presented to a District level volunteer, for outstanding service during the past year</td>
</tr>
<tr>
<td><strong>Eric Huss Award</strong></td>
<td>Presented to an Eagle Scout who has demonstrated outstanding Eagle Spirit, in memory of Eric Huss</td>
</tr>
<tr>
<td><strong>Young Scouter of the Year</strong></td>
<td>Presented to a young man for continuing outstanding service since moving from Scout to Scouter, and not having reached his 25th birthday</td>
</tr>
<tr>
<td><strong>Camp Bullowa Paul Bunyan Award</strong></td>
<td>Presented to a scouter who has given exemplary service to Camp Bullowa during the past year</td>
</tr>
<tr>
<td><strong>Charter Organization Rep</strong></td>
<td>Presented to the most outstanding Charter Organization Representative or Charter Organization in the Rockland District during the past year</td>
</tr>
<tr>
<td><strong>Venturing Achievement Award</strong></td>
<td>Presented for outstanding service to the Venturing Program</td>
</tr>
<tr>
<td><strong>Boy Scout Achievement Award</strong></td>
<td>Presented for outstanding service to the Boy Scout Program</td>
</tr>
<tr>
<td><strong>Scoutmaster of the Year</strong></td>
<td>Presented to the most outstanding Scoutmaster</td>
</tr>
<tr>
<td><strong>Assistant Scoutmaster of the Year</strong></td>
<td>Presented to the most outstanding Assistant Scoutmaster</td>
</tr>
<tr>
<td><strong>Troop Committee Chair of the Yr</strong></td>
<td>Presented to the most outstanding Troop Committee Chairperson</td>
</tr>
<tr>
<td><strong>Troop Committee Member of Yr</strong></td>
<td>Presented to the most outstanding Troop Committee member</td>
</tr>
<tr>
<td><strong>Cub Scout Achievement Award</strong></td>
<td>Presented for outstanding service to the Cub Scout Program</td>
</tr>
<tr>
<td><strong>Cubmaster of the Year</strong></td>
<td>Presented to the most outstanding Cubmaster</td>
</tr>
<tr>
<td><strong>Assistant Cubmaster of the Year</strong></td>
<td>Presented to the most outstanding Assistant Cubmaster</td>
</tr>
<tr>
<td><strong>Webelos Den Leader of the Year</strong></td>
<td>Presented to the most outstanding Webelos Den leader</td>
</tr>
<tr>
<td><strong>Bear Leader of the Year</strong></td>
<td>Presented to the most outstanding Bear Den Leader</td>
</tr>
<tr>
<td><strong>Wolf Leader of the Year</strong></td>
<td>Presented to the most outstanding Wolf Den Leader</td>
</tr>
<tr>
<td><strong>Tiger Den Leader of the Year</strong></td>
<td>Presented to the most outstanding Tiger Den Leader</td>
</tr>
<tr>
<td><strong>Pack Committee Chair of the Year</strong></td>
<td>Presented to the most outstanding Pack Committee Chairperson</td>
</tr>
<tr>
<td><strong>Pack Committee Member of the Yr</strong></td>
<td>Presented to the most outstanding Pack Committee Member</td>
</tr>
<tr>
<td><strong>Service To Scouting Award</strong></td>
<td>The District or its units many nominate a volunteer who gave exemplary dedication and service to scouting</td>
</tr>
<tr>
<td><strong>Unit Hidden Hero Award</strong></td>
<td>Presented to one volunteer in each unit for outstanding service during the past year, nominated by the unit’s committee.</td>
</tr>
<tr>
<td><strong>Veteran Pin</strong></td>
<td>Recognizes Scouters for 5, 10, 15, 20, 25 etc. years of service. Please obtain National Award Form for the Veteran Pins from the Council office.  (To allow processing time, file with Council by March 1)</td>
</tr>
<tr>
<td><strong>Training and Leadership Knots</strong></td>
<td>Recognizes completion of Leadership Training. (File forms with Council by March 1)</td>
</tr>
</tbody>
</table>
UNIT NEWS

CUB SCOUTS

PACK 1

Pack 1 Scouts (and their families) helped out at St. Greg’s with the “Feeding Our Neighbors” campaign. The Scouts spent a Friday night counting, sorting, and bagging up almost 500 food donations. The next day they assembled at the local food pantry where they unloaded the van and filled the shelves. On Sunday, February 4th several of the Pack 1 Scouts received their Catholic Religious Emblems at St. Aedan’s Church. They were all very happy to have their emblems blessed by Bishop Lagonegro.

BOY SCOUTS

TROOP 2

An integral part of our parish life, BSA Troop 2, Nyack, has been a part of our parish family for over 75 years. The Scouts and their leaders, headed up by long term Scout Master Kier Levesque, have made a mark on our community in many ways. Within our Grace Church home, Troop 2 has traditionally taken care of the “Greeening” of the Church for Christmas, making our church look beautiful and festive every year. Scouts have volunteered for Midnight Run, and a few are members of our parish Senior Youth group.

Scouts and scout leaders from the troop also attended the National Jamboree, where in addition to participating in many fun activities they provided community service to the local West Virginia community.

Many Eagle projects have been completed by Troop 2 Scouts that have impacted our Church and the community. This past year alone, projects included: Handicap Bathroom in Upper Nyack VFW Post (Aidan Pagano) Painting of Storm Drains in Nyack (Laurence Kiesel) Pantries Refinished at Macedonia Baptist Church/Piermont (Gerald Osborne) Patio at Dowling Gardens in Orangeburg (Callum Hanchrow) Prayer Boxes at Grace Church (Jack Sestak) Welles Crowther Memorial/Memorial Park Nyack (Chris Walsh).

TROOP 21

What better way to get Webelos to join your Troop than pizza! On Thursday, February 15 Suffern Boy Scout Troop 21 invited Webelos from Packs 94 and 23 to participate in their annual pizza making event. The Boy Scouts work with the Webelos to create and cook the delicious treats. Over the years, this has proven to be a great bonding activity. In addition, the Webelos parents get to see that the boys plan, set up, cook and clean up - all without adult assistance (except for helping them eat the pizza). And the pizzas must have been good because everyone survived!
TROOP 79

Troop 79 had a busy start to the New Year. January's theme was Wilderness Survival. Stan Pascoo, President of the Sportsmans Federation of Rockland County and DEC instructor came to speak with the boys about the basics of wilderness survival. From what to carry to what to do if lost. The Boys had a great time talking with Stan and he was an animated presenter.

On January 20th the Troop took a trip up to Mt Peter for an afternoon of snow tubing. The weather was great and the tubing was exciting! The remaining Troop meetings were focused on building sledges for the Klondike Derby at Camp Bullowa and prepping for the winter overnight at the Iditarod. Three Patrols took to the Klondike and all had a great time using their Scout skills out on course. A hearty group of boys made the trek to the Kyle Dunn lean to site and spent a brisk night in the Bullowa back country! February's theme is STEM. The boys are looking forward to constructing Popsicle stick bridges and testing them against the “Crushinator 2000”!!

TROOP 97

Troop 97 blasted into 2018 with a small but hearty group doing a frosty 10 mile hike in eastern Rockland, up Hook Mountain. We celebrated 2 of our recent Eagle Scouts at their Court of Honor, had 2 new Eagle Scouts congratulated by the district boards, and several of our Star and Life scouts began their Trail to Eagle with our troop-sponsored class about the process. Mr. Lugo from Troop 40 in Dutchess District came to our troop to run an awesome disabilities awareness merit badge session, a true highlight for the scouts who were able to discuss some challenges with another scout with disabilities while having a very inspirational question and answer session. We look forward to a busy February ahead!

Congratulations to Rockland’s Newest Eagles

<table>
<thead>
<tr>
<th>January 2018</th>
<th>S. Brosnan</th>
<th>2078</th>
<th>Clarkstown, NY Town Pool AEDs &amp; Information Board</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Carbone</td>
<td>2036</td>
<td></td>
<td>Pearl River HS Auditorium Booth Renovation</td>
</tr>
<tr>
<td>V. Carney</td>
<td>2121</td>
<td></td>
<td>Law Enforcement Memorial for the Village of Greenwood Lake</td>
</tr>
<tr>
<td>J. Moon</td>
<td>2146</td>
<td></td>
<td>Tuxedo Park Trail Improvement</td>
</tr>
<tr>
<td>C. Petry</td>
<td>2037</td>
<td></td>
<td>Saint Catharine's Cemetery Restoration &amp; Statue Garden</td>
</tr>
<tr>
<td>R. Slattery</td>
<td>2097</td>
<td></td>
<td>Bogert Family Cemetery Restoration</td>
</tr>
<tr>
<td>E. Vallebuona</td>
<td>2097</td>
<td></td>
<td>Germonds Trail Extension &amp; Revitalization</td>
</tr>
<tr>
<td>C. Walsh</td>
<td>2002</td>
<td></td>
<td>Welles Crowther 9/11 Memorial</td>
</tr>
</tbody>
</table>
First Annual
Merit Badge College
Saturday, March 24, 2018
Minisink Valley HS, Middletown, NY

American Cultures
American Heritage
Chess
Citizenship in the Community*
Citizenship in the Nation*
Citizenship in the World*
Collections
Communication*
Crime Prevention
Dentistry
Digital Technology
Disability Awareness
Electricity
Entrepreneurship
Exploration
Fingerprinting
Fire Safety
First Aid*
Game Design
Indian Lore
Law
Lifesaving*
Movie making
Photography
Public Speaking
Robotics
Scouting Heritage
Signs, Signals & Codes
Swimming
Textiles

Detailed Registration Information Coming Soon!

*Eagle Required Merit Badge

Scheduled Merit Badge Selections as of November 2017  Subject to Change
Science, Technology, Engineering, & Mathematics

WHEN

Saturday
April 21, 2018
9:00am – 12:00pm

WHERE

North Rockland High School
106 Hammond Rd, Thiells, NY 10984

Open to everyone

- Lots of activities and displays.
- Must be under 18 years of age to participate in displaying a science project or to compete.
  Participate as individuals or as groups.

For more details and to register to attend and participate, visit:
www.hudsonvalleyscouting.org/districts/rockland-district

Questions? Email troop61@optonline.com

A Boy Scouts of America, Rockland District Event.